



HAMILTON CHRISTIAN FELLOWSHIP HEARTBEAT



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TRUST IN GOD

By Jessica Desjardins Cowling

My name is Jessica and this is my story about hope and faith and trust in God. It all began this summer when I went to camp. I was looking for a Monarch caterpillar. There was not even one this year but I still felt like I was to still look for one and I was really excited to look for one because those type of butterflies are my most favorite creature in the world.

Well I did not find any that Sunday and I was really sad and I felt like I am never going to find one this year. So my leader said that we can try to find one on Monday. So I went to bed that night praying to God. So I said "Dear God I really want to have

a monarch caterpillar this year again and told Him that I will raise him up in to a beautiful 'Spartacus Thunder Bolt' (that would be my name for him). 'I want to get one on Monday please I am really hoping and having faith that you will do this for me God. I know you love me and I hope you will send one tomorrow and I will be so happy and I will not be complaining at all if it is small. In Jesus name I pray in your name amen.'

I was so happy the next day and I felt like something is going to be good and I was right. I ate pancakes in the morning and it was good. So after breakfast I went to the art cabin and I was looking for a monarch caterpillar. I was getting really angry because I could not find any

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Elizabeth Perl Profile

by Anne Jones

Psalm 139:13,14 "You made all the delicate, inner parts of my body and knit me together in my mother's womb. Thank you for making me so wonderfully complex! Your workmanship is marvellous-how well I know it."

As I sat across from Elizabeth and pondered these words, I couldn't help but marvel at this beautiful girl who absolutely radiates life. On the evening of Feb. 16,2007 at 11:00 Elizabeth Grace Patrice Perl made her entrance into the world. Ac-

ording to Elizabeth, her Mom "was exhausted!" As the conversation unfolded from there, I knew this was going to be an interesting time!

This petite, energetic daughter of the King tells me there are just so many things that she likes in her life. "Drum roll please."

-loves to draw and is really good at drawing trees

-favourite sport is soccer, even though she plays baseball because she'd rather kick than throw... throwing is hard for her

-awesome at ballet so doesn't need to take classes

-gymnastics is fun, but she's not

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PHOTO BY HARRY GILLS

Trust In God cont'd...

monarch caterpillar. I said to my leader 'there is no use to find one, there is no monarch caterpillar! I give up!' I was so sad and mad and then I started to cry because monarchs are my most favorite butterfly in the world.

Then I felt like I was supposed to look down and at the left of my eye there it was...a majestic monarch caterpillar! My heart leapt for joy! I made sure that his new home will be really good and I found him some milk weed and that whole week was a big test for me. I prayed to God and told Him how thankful I was that He let me find one. Then I was crying for so much joy. That week went by and at the end

of the week Spartacus Thunder Bolt was supposed to start making his cocoon. Then a really bad rain storm came that night at supper and I had left him outside of the cabin because he needed to have some fresh air. I said to my leader that I had to get my Spartacus out of the rain or he is going to die. So my leader said 'okay I will come with you and help you and get a rain jacket and you will save Spartacus Thunder Bolt out of the rain.' So I ran so fast to help him at the top of the hill. I brought him out of the rain and in to the cabin. I tripped over something and I toppled him. I cried and I thought he was going to die. I put him on a stand in the cabin and waited. So the next day I was going home and the great news

was he was not dead but he was still living. He did not make a cocoon that night. I had doubts but God gave me hope and faith whenever I had doubts. I always have trust in the Lord. So when we were driving back from camp we stopped to eat supper and I left my caterpillar in the car and I came back to see if he was okay. He was okay so that's really good. And that night Spartacus thunder bolt made a cocoon. I was so excited! The next morning was the sixth day and I was really worried because he was suppose to be a butterfly on the seventh day. And he was not doing anything and I was really sad and angry. But then I felt calm and thought that God had a big plan this week.

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We all want to Algonquin Park and I brought Spartacus Thunder Bolt with us and that was a great thing. I met this really nice naturalist and he had thought my monarch cocoon was going to die or might even become a wasp. It worried me a bit but I knew that he will become a beautiful butterfly because God answered my prayer. God was helping me through this beautiful journey and I won't give up on Spartacus Thunder Bolt. And I said to him 'I am going to show you that he will become a butterfly'. And he said to me 'wow if you have this much faith that this one little beautiful butterfly will

become one then I have faith in you that you can do this. I will be here anytime you need help okay.'

And that night my family went back to camp and we ate food and I went to bed. Each day went by and I tried to keep having faith for my butterfly and not to worry that he wouldn't make it. And on the 12th day I left his container in my tent when we went to go to the bear talk at the Visitor Centre. We were there for 45 minutes and on our way back to camp we saw a black bear and that was really exciting to see. So when we got back I went into my tent right away

to see if Spartacus Thunder Bolt was a butterfly. So I looked and then I screamed with joy! I found out that he was not a 'he' but was a girl so now I called her Spartalina Thunder Bolt. She was so beautiful. It took a long time but it was worth it. Having so much hope and faith by trusting in God was hard and good too. I was so happy that she was a butterfly instead of a wasp. This is a true story and I hope that you have faith and hope and trusting in God with all of your worries. Because God has a big plan for your life and you need to have hope and faith and lots of trust. 🍷



Profile cont'd...

- as great at it(Elizabeth did a few cartwheels and attempted the splits while I was interviewing her)
- favorite instrument is keyboard or piano
- pink, red, and white are her favourite colours
- chocolate cake stuffed with caramel, and soft nectarines, peaches, and plums
- Princess movies and littlest pet shops
- her tablet to watch videos, songs and games
- flowers and perfume
- sharing secrets with her friends, her parents and even her dog, Sadie
- her very special, oldest sleep toy "Little Doggy"; well worn with love
- meeting new people at school and church
- visiting PEI and USA; sleeping in a "yert" and a forest "otentik"

To my delight, 8 year old Elizabeth was able to express in a very straight forward way, her strengths and gifting so as well as her weaknesses. She was even able to say that getting what she wants and

being included by others makes her very happy. She's proud when she includes other people too. What joy this must bring Jesus who welcomes us all!

Fear is a battle many of us face even as adults, and Elizabeth meets this head on. "Breaking my fear makes me proud." She overcame her fear going on a very fast roller coaster ride and when she found herself frightened in the dark, she was able to stand up and turn on the light herself. Good for you, Elizabeth. Jesus made you brave!

Even if you don't know Elizabeth personally, I'm sure you've seen her in her beautiful dresses dancing before The Lord. A song from Sound of Music kept going through my mind as we shared. "Girls in white dresses with blue satin sashes... snowflakes that stay on my nose and eyelashes" She sparkles from the inside out!

What she likes best "in the whole wide world" is EATING CANDY, WORSHIPPING THE LORD and

PLAYING WITH FRIENDS!

When Elizabeth was a toddler she and her Mom would go down to the bridge by their house, to pick morning glories. TJ would put them in her hair. There was such a tenderness in their hearts between mother and daughter, as they shared their relationship. It was apparent what a wonderful, waited-for gift this little girl is to her family.

Her Daddy said she's happy, artistic, energetic, social, musical and likes to learn. Reading her books and snuggling with his daughter are very special for him.

Her Mom said what a precious gift from God she is, and such a giver to others. TJ compared Elizabeth to Job's daughters. "In all the land no women were as lovely."

Her oldest brother Josh said she was one of the most thoughtful, genuine kids he'd ever met. When he was sick, she noticed and wrote a card with her friends especially for cont'd page 4...

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him. Josh prayed for years for a little sister.

Ethan shared that even though they fight sometimes, he asks for forgiveness and that she's the best sister a brother could ever have.

What a privilege to peek into this family's life together! The honesty and openness they share is a message to a hurting world that there's life and love in Jesus!

Carol Cummings tells me that in her Sunday School class, Elizabeth joins right in to pray for others and request prayer. She's very kind and welcoming, unique, suggesting creative ideas and likes doing things "a totally

different way." What a blessing this little princess is to our church community!

A very important spiritual step in Elizabeth's journey was her baptism in August. In her words "It was lightning and a thunderstorm, and she could hear someone calling. The Lord was calling my name and saying come closer and touch Me. I got up and said to Him I can hear You calling my name. I can feel You. Come closer! I felt He was telling me I want to get baptized." So Elizabeth said "yes" to Jesus. She was a little nervous at the baptism but she knew "she was going into God's blood and coming out fresh. It means I'm dying to myself." After much laughter and fun together, I asked her what she would like

to do if she could do anything in the whole, wide world. She replied she would like to be the Queen and tell everybody to believe in The Lord because it's sad when someone believes in other gods. She thought perhaps she'd also like to be a soccer or ballet teacher, or run for the government!!

Elizabeth, we bless you to be ALL God has created you to be! We rejoice that you are an important part of our church family and we declare that you are His workmanship- created by Jesus to bring joy to the world. You were meant to be seen, and we will be cheering you on as you follow Jesus! We love you! ❤️

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OCTOBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Corporate Prayer 10 am Preparedness Prayer 1-2 pm Band of Brothers 7 pm	2	3
4 Worship Service 10 am	5 The Big Ask Men's Prayer and Worship 5am	6 The Big Ask Men's Prayer and Worship 5am Watchman Prayer for Canada 9:30 am	7 Operation Exodus/ Aliyah Prayer 10am Kids Prayer and Worship 4pm Fire By Night 7pm	8 Nehemiah Prayer 10 am Preparedness Prayer 1-2 pm Band of Brothers 7 pm	9 Worship With The Word 7 pm	10
11 Worship Service 10 am	12	13 The Big Ask Men's Prayer and Worship 5am Watchman Prayer for Canada 9:30 am	14 Operation Exodus/ Aliyah Prayer 10am Kids Prayer and Worship 4pm Worship and Warfare 7pm	15 Corporate Prayer 10 am Preparedness Prayer 1-2 pm Band of Brothers 7 pm	16 Worship With The Word 7 pm	17
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